

Ergebnis Einlauf >> Hauptlauf 10,5 km (Einzel) <<

| Rang | M | W | Name | Verein | AK | SN# | Zeit |
|------|---|-----|-----------------------------|----------------------------|---------|-----|----------|
| 1. | | 1. | Rehberg, Maya | SC Rönna 74 | 1. WJB | 244 | 00:39:30 |
| 2. | | 2. | Teegen, Isabell | SC Rönna 74 | 1. WJA | 246 | 00:40:54 |
| 3. | | 3. | Diethers, Andrea | SC Rönna 74 | 1. W20 | 249 | 00:41:15 |
| 4. | | 4. | Grube, Katrin | TSV Zarpen-Lauftreff | 1. W40 | 101 | 00:46:40 |
| 5. | | 5. | Kelpe, Sonja | | 1. W35 | 67 | 00:47:20 |
| 6. | | 6. | Suhr, Rieka | SC Rönna 74 | 2. WJA | 245 | 00:48:08 |
| 7. | | 7. | Oltmanns, Wimke | | 2. W35 | 63 | 00:51:33 |
| 8. | | 8. | Jürgensen, Inga | | 2. W40 | 385 | 00:53:24 |
| 9. | | 9. | Gottstein, Till | nordischbunt | 3. W35 | 263 | 00:54:05 |
| 10. | | 10. | Dabelstein, Bettina | Leezener SC | 4. W35 | 106 | 00:54:34 |
| 11. | | 11. | Hollstein, Christina | Tri-Sport Lübeck | 2. W20 | 164 | 00:54:52 |
| 12. | | 12. | Schachtschneider, Jaqueline | Und ab! | 3. W20 | 46 | 00:54:52 |
| 13. | | 13. | Bröer, Inke | Schützenverein Hollmühle | 5. W35 | 356 | 00:55:48 |
| 14. | | 14. | Nowara, Jolanthe | JBA Neumünster | 4. W20 | 176 | 00:57:21 |
| 15. | | 15. | Inemann, Sylvia | | 1. W30 | 374 | 00:57:23 |
| 16. | | 16. | Damaschke, Heidi | | 1. W55 | 88 | 00:57:40 |
| 17. | | 17. | Solohor, Elena | Tus Gaarden Kiel | 1. W50 | 260 | 00:58:52 |
| 18. | | 18. | Engelhardt, Saskia | TKH | 2. WJB | 317 | 00:58:54 |
| 19. | | 19. | Eck, Barbara | | 6. W35 | 55 | 00:59:00 |
| 20. | | 20. | Petersen, Anika | Laufspaß | 5. W20 | 57 | 00:59:15 |
| 21. | | 21. | Mannke, Dagmar | | 3. W40 | 26 | 00:59:22 |
| 22. | | 22. | Matthiesen, Sylvana | medifit Schwentimental | 2. W50 | 157 | 00:59:24 |
| 23. | | 23. | Duggen, Martina | Profis in Orange | 7. W35 | 144 | 00:59:37 |
| 24. | | 24. | Krohn, Doris | Leezener SC | 4. W40 | 100 | 00:59:45 |
| 25. | | 25. | Breithaupt, Christel | | 2. W55 | 40 | 00:59:52 |
| 26. | | 26. | Schumacher, Juliane | | 8. W35 | 58 | 01:00:05 |
| 27. | | 27. | Krause, Katharina | | 1. W13 | 51 | 01:00:12 |
| 28. | | 28. | Rittmeier-Lehning, Heike | | 5. W40 | 20 | 01:01:00 |
| 29. | | 29. | Hahn, Indra | SG LTW Leezen D-Jugend | 1. W12 | 190 | 01:01:19 |
| 30. | | 30. | Sachan, Ines | | 2. W30 | 370 | 01:01:52 |
| 31. | | 31. | Frohnisdorf, Petra | | 9. W35 | 343 | 01:02:11 |
| 32. | | 32. | Pfeifer, Gabriela | Pfeifer | 10. W35 | 41 | 01:02:38 |
| 33. | | 33. | Bomblat, Susann | TSV Zarpen-Lauftreff | 6. W40 | 42 | 01:02:38 |
| 34. | | 34. | von Hagel, Annette | von Hagel | 1. W45 | 98 | 01:02:48 |
| 35. | | 35. | Zeuch, Charlene | Segeberger Kliniken GmbH | 3. WJA | 103 | 01:03:21 |
| 36. | | 36. | Müller, Silke | Segeberger Kliniken GmbH | 3. W50 | 92 | 01:04:18 |
| 37. | | 37. | Wittern, Tina | | 11. W35 | 390 | 01:04:21 |
| 38. | | 38. | Steinhilb, Hilke | Boostedter Wildschweine | 12. W35 | 153 | 01:04:38 |
| 39. | | 39. | Kraski, Bianca | | 7. W40 | 215 | 01:05:04 |
| 40. | | 40. | Henß, Birgit | Profis in Orange | 2. W45 | 152 | 01:05:05 |
| 41. | | 41. | Merkert, Angelika | VR Bank Team | 8. W40 | 111 | 01:05:13 |
| 42. | | 42. | Klingler, Sabine | TSV Stocksee | 4. W50 | 203 | 01:05:58 |
| 43. | | 43. | Dalko, Jule | | 1. W14 | 194 | 01:06:20 |
| 44. | | 44. | Dolling, Alessa | | 2. W13 | 315 | 01:07:11 |
| 45. | | 45. | Rohn, Heike | die_rgertherapeuten | 3. W45 | 192 | 01:07:18 |
| 46. | | 46. | Czub, Anke | Nur Mitläufer | 6. W20 | 360 | 01:07:47 |
| 47. | | 47. | Kassel, Marion | | 5. W50 | 308 | 01:08:10 |
| 48. | | 48. | Paust, Gaby | CAD Zeichenbüro Gaby Paust | 9. W40 | 15 | 01:08:36 |
| 49. | | 49. | Sterl, Imke | D&A-Team Bad Segeberg | 4. W45 | 321 | 01:08:40 |
| 50. | | 50. | Gemeinholzer, Anne | Segeberger Zeitung | 13. W35 | 252 | 01:09:30 |
| 51. | | 51. | Schwieh, Jana | | 10. W40 | 295 | 01:10:32 |
| 52. | | 52. | Stockrahm, Celine | | 1. W10 | 201 | 01:11:37 |
| 53. | | 53. | Krause, Silke | | 6. W50 | 377 | 01:11:46 |
| 54. | | 54. | Strinzel, Sigrid | TuS Holtenau | 3. W55 | 276 | 01:11:51 |
| 55. | | 55. | Jedack, Andrea | TuS Garbek Löpers | 5. W45 | 314 | 01:11:54 |
| 56. | | 56. | Busen, Sonja | | 7. W50 | 228 | 01:11:55 |
| 57. | | 57. | Friese-Müller, Doreen | Ulzburger | 3. W30 | 84 | 01:13:27 |
| 58. | | 58. | Utke, Ursula | TuS Garbek Löpers | 1. W60 | 254 | 01:13:48 |
| 59. | | 59. | Münster, Anja | Autokraft | 11. W40 | 213 | 01:15:22 |
| 60. | | 60. | Ehlers, Bianca | VR Bank Team | 14. W35 | 113 | 01:15:46 |
| 61. | | 61. | Stiller, Sybille | Autokraft | 6. W45 | 212 | 01:16:37 |
| 62. | | 62. | Prange, Ute | | 12. W40 | 373 | 01:17:28 |
| 63. | | 63. | Frost, Kati | | 4. W30 | 224 | 01:17:53 |
| 64. | | 64. | Matz, Katrin | TSV Zarpen-Lauftreff | 7. W45 | 70 | 01:18:59 |
| 65. | | 65. | Ilinsch, Anke | TuS Garbek Löpers | 8. W50 | 253 | 01:19:35 |
| 66. | | 66. | Stoltenberg, Ute | TuS Garbek Löpers | 8. W45 | 293 | 01:19:35 |
| 67. | | 67. | Lipka, Birte | Segeberger Kliniken GmbH | 5. W30 | 302 | 01:20:18 |
| 68. | | 68. | Friesen, Irina | Segeberger Kliniken GmbH | 13. W40 | 300 | 01:20:18 |
| 69. | | 69. | Kruse, Malena-Kristin | Segeberger Kliniken GmbH | 7. W20 | 301 | 01:21:50 |
| 70. | | 70. | Reher, Anne | | 4. W55 | 229 | 01:26:07 |
| 71. | | 71. | Nielsen, Gertrud | | 1. W75 | 126 | 01:32:20 |
| 72. | | 72. | Brömmmer, Helga | | 5. W55 | 362 | 01:33:12 |
| 73. | | 73. | Bücher, Susanne | TSV 1844 Idstein | 9. W45 | 368 | 01:43:42 |